# Lesson 01: Going to Catechism

## Memory work

*Note: instead of learning q&a 1 as below you may also memorize Hymn 64:1&2 (see back of this sheet)*

### 1 Q. What is your only comfort in life and death?

*A. That I am not my own,*

*but belong with body and soul, both in life and in death,*

*to my faithful Saviour Jesus Christ.*

*He has fully paid for all my sins with His precious blood,*

*and has set me free from all the power of the devil.*

*He also preserves me in such a way*

*that without the will of my heavenly Father*

*not a hair can fall from my head;*

*indeed, all things must work together for my salvation.*

*Therefore, by His Holy Spirit He also assures me*

*of eternal life and makes me heartily willing and ready from now on to live for Him.*

## Homework

1. (5) Ask your parents why they are sending you to catechism and write down their answer below.

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2. (5) In what sense is a catechism class more important than a school class or a sports or music lesson?

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**Alternative Memory Work**

*1. What is in life and death my only aid,*

*my comfort when I am by troubles swayed?*

*I am not mine but Christ’s, who fully paid*

*for all my sins and saved me.*

*His precious blood for my offences gave he,*

*freed me from all the devil’s pow’r and slavery,*

*for in the book of life God did engrave me,*

*and me his own he made.*

*2. My faithful Saviour keeps me in his care;*

*without my Father’s will cannot a hair*

*fall from my head; he shall for me prepare*

*a heav**’nly habitation.*

*All things must serve to further my salvation.*

*His Holy Spirit brings me consolation;*

*he makes me willing now with dedication*

*in hope his yoke to bear.*