

LESSON 14: CATCH YOUR BREATH AND WORSHIP GOD

Four Concepts

Week

Holy

Sabbath, Rest

Remember, Celebrate

Bible Study: Isaiah 58:13-14

1. Were Israelites to do their pleasure or business on God’s special day? _____
2. What were they to call the Sabbath and the Lord’s holy day? _____
3. What do you think “talking idly” mean? _____

4. What will you do if you honour the Sabbath? _____

Seventh Day Adventists

Seventh Day Adventists will claim _____

We respond:

- “Sabbath” _____

- the fourth commandment _____
- Christ set _____

- whereas in the Old Covenant the idea was _____
In the New Covenant we’re allowed to _____

- Resting on the first day makes clear _____

Worship in Church

Church services are not _____

- it is the _____
- it serves to _____
- it serves to _____

Both services

- in general the morning service focuses on celebrating the great deeds of God:
the _____ of faith
- in general the afternoon service focuses on education in the great deeds of God:
the _____ of faith

Do's and Don'ts

Every family has _____ as to _____ and _____ on Sunday

Family rules with respect to the Sunday _____ by questions such as

- _____
- _____
- _____

Bible Study: Mark 2:23-3:6

1. Why would it be unlawful to pick heads of grain on the Sabbath? _____

2. What does Jesus' reference to David eating the consecrated bread prove? _____

3. What does Jesus mean when He says: "The Sabbath was made for man, not man for the Sabbath"?

4. How did Jesus feel about people who made Sabbath-keeping a heavy duty? _____

5. Do these 2 accounts mean that you can do whatever you want on Sunday? _____ because _____

4th Commandment

Don't: _____

Do: _____
